



# NOVEMBER

2020

## Wellman Union Cafe



**m**

Sausage  
Biscuit  
or  
Cereal Variety  
Toast

2.

**t**

Breakfast Burrito  
Hashbrown  
or  
Breakfast Strudel  
Cheese Cubes

3.

**w**

Chicken-n-  
Waffles  
or  
Muffin  
Yogurt

4.

**th**

Stuffed Bagel  
Sausage  
or  
Breakfast Crackers  
Cheese Stick

5.

**f**

Dutch Waffle  
Bacon  
or  
Breakfast Rounds  
Yogurt

6.

Breakfast  
Pizza  
or  
Cereal Variety

9.

French Toast  
Sausage  
or  
Cereal Bar  
Yogurt

10.

Biscuit, Gravy  
Scrambled Eggs  
Bacon  
or  
Muffin Yogurt

11.

Pancake Wrap  
Yogurt  
or  
PBJ Sandwich

12.

Sausage Kolache  
Cheese Stick  
or  
Breakfast Round  
Yogurt

13.

Pancakes  
Bacon  
or  
Cereal Variety  
Toast

16.

Sunrise  
Sandwich  
or  
Cereal Bar  
Yogurt

17.

Chicken-n  
Biscuit  
or  
Breakfast  
Parfait

18.

Oatmeal  
Cinnamon Toast  
Yogurt  
or  
PBJ Sandwich

19.

Breakfast Burrito  
Hashbrown  
or  
Muffin  
Yogurt

20.

**THANKSGIVING**

**BREAK**

23.

**THANKSGIVING**

**BREAK**

24.

**THANKSGIVING**

**BREAK**

25.

**THANKSGIVING**

**BREAK**

26.

**THANKSGIVING**

**BREAK**

27.

Breakfast Cookie  
Yogurt  
or  
Cereal Variety  
Toast

30.

**Special Announcements:** White, Chocolate, and Strawberry Milk Served Daily  
Fresh Fruit and Juice Served Daily  
\* Menu is Subject to Change





# NOVEMBER

2020

## Wellman Union Cafe



**m**

Philly Cheesesteak Sandwich  
Potatoes  
Tomato Cup  
Strawberries & Bananas

2.

**t**

French Bread Pizza  
Marinara Sauce  
Garden Salad  
California Blend Vegetables  
Fruit Cup

3.

**w**

Beef Stew  
Cornbread  
Celery Sticks  
Carrots  
Peaches      Pudding

4.

**th**

Mexican Combo Plate  
Spanish Rice (HS)  
Beans  
Corn      Salsa  
Fresh Seasonal Fruit

5.

**f**

Popcorn Chicken  
Vegetable Medley  
Potatoes      Teddy Grahams  
Roll      Pears      (pre-K)  
Cookies (K-12)

6.

Oven Roasted Chicken  
Savory Green Beans  
Tomato Cup  
Roll  
Fruit Cup

9.

Nachos Grande  
Beans      Salsa  
Cucumbers  
Apricots  
Ice Cream Cup

10.

Crispy Chicken Sandwich  
Oven Fries  
Fresh Veggie Cup  
Fruity Gelatin

11.

Asian Bowl  
Egg Roll  
Crunchy Broccoli Salad  
Mandarin Oranges

12.

Pizza  
Carrots      Garden Salad  
Fresh Seasonal Fruit  
Crispy Treats (K-12)  
Graham Crackers (Pre-K)

13.

Monte Cristo Sandwich  
Potatoes  
Cucumbers  
Strawberries

16.

Chicken Fajitas  
Spanish Rice (HS)      Salsa  
Beans      Sherbet Cup  
Carrots  
Hot Cinnamon Apples

17.

Cheesy Breadsticks  
Tuscan Vegetables      Cookies  
Garden Salad      (K-12)  
Marinara Sauce      Peaches  
Teddy Grahams (Pre-K)

18.

Ranchero Wrap  
Corn  
Tomato Cup  
Snowball Salad

19.

Turkey      Cranberry Sauce  
Dressing      Gravy  
Mashed Potatoes      Roll  
Savory Green Beans      Fruit  
Pumpkin Pie Pudding

20.

**THANKSGIVING**

**BREAK** 23.

**THANKSGIVING**

**BREAK** 24.

**THANKSGIVING**

**BREAK** 25.

**THANKSGIVING**

**BREAK** 26.

**THANKSGIVING**

**BREAK** 27.

Taquitos      Corn  
Queso      Salsa  
Beans      Cookie (K-12)  
Fresh Seasonal Fruit  
Animal Crackers (Pre-K)

30.

**Special Announcements:** White Milk Served Daily (Pre-K)      White, Chocolate, and  
Strawberry Milk Served Daily (K-12)      Fresh Fruit and Juice Served Daily (HS)      \* Menu is  
Subject to Change

